

Universal and Targeted Services from April 2012

Universal Services	Providers
Information and Advice Web, telephone and face to face	Carers Centre, Alzheimer's Society, Patched, Access Point
Support and peer groups	
Coffee mornings/drop in support groups	Carers Centre
Stroke carers support group	Carers Centre
Dementia carers support group	Alzheimer's Society
Male carers support group	Carers Centre
Health and wellbeing	
Back Care Support Worker	Sussex Community Trust
Emotional Support	Carers Centre, Alzheimer's Society, Patched
Buddhist Centre Drop-ins	Brighton Buddhist Centre
Emergency Back Up Scheme	Brighton & Hove City Council
End of Life/Bereavement Support	Carers Centre
Carers Garden	Carers Centre
Training courses	
Positive Caring	Carers Centre
Dementia Information Programme	Alzheimer's Society
Concessions	Carers Centre, Amaze
Carers Card	
Engagement	Carers Centre
Carers Voice	

Targeted Services	Providers
Buddhist Centre day retreats	Brighton Buddhist Centre
MBCT	Mindful Health
Educative Group	Patched
Advocacy	Carers Centre
Counselling	Patched
Self Directed Support	any
Young carers - needs assessments, casework, activities, group work	Carers Centre

